

Fexoform 30 Suspension

Fexofenadine (30mg) Suspension

Composition:

Each 5 ml of the suspension contains:

- Fexofenadine Hydrochloride: 30 mg

Pharmacological Class:

- Antihistamine / Antiallergic

Indications:

Fexofenadine is used for the relief of symptoms associated with seasonal allergic rhinitis (hay fever) and chronic urticaria (hives). It is typically prescribed for:

- **Seasonal Allergic Rhinitis:** To treat symptoms like sneezing, runny nose, itchy or watery eyes, and itching of the throat or palate caused by allergens like pollen.
- **Chronic Urticaria:** To manage symptoms such as itching, red welts, and hives, caused by an allergic reaction.
- **Other Allergies:** It may be used off-label for other allergic reactions or conditions as directed by a healthcare provider.

Mechanism of Action:

Fexofenadine is a second-generation antihistamine that works by blocking the effects of histamine, a chemical released by the body during allergic reactions. By inhibiting the histamine H1 receptor, fexofenadine reduces allergic symptoms such as sneezing, itching, and runny nose, without causing significant sedation or drowsiness.

Dosage and Administration:

- **Adults and Children Over 12 Years:** Typically, 10-20 ml (equivalent to 30-60 mg) of the suspension is recommended once daily for allergy symptoms.

- **Children 6 to 11 Years:** Usually, 5-10 ml (equivalent to 15-30 mg) is taken once daily.
- **Children 2 to 5 Years:** 5 ml (equivalent to 15 mg) may be administered once daily as directed by the healthcare provider.
- Shake the suspension well before use to ensure proper dosing. The suspension can be taken with or without food.

Contraindications:

- **Hypersensitivity:** Contraindicated in individuals who have known hypersensitivity to fexofenadine or any of the ingredients in the formulation.
- **Severe Renal Impairment:** Use with caution or avoid in patients with severe kidney disease, as fexofenadine is excreted primarily by the kidneys.

Warnings and Precautions:

- **Drowsiness:** Fexofenadine is a non-sedating antihistamine but may cause drowsiness in some individuals. It is advisable to avoid alcohol and other central nervous system depressants while taking this medication.
- **Kidney Function:** In patients with impaired renal function, dose adjustments may be necessary as fexofenadine is eliminated via the kidneys.
- **Pregnancy and Lactation:** While fexofenadine is generally considered safe during pregnancy and lactation, it is always advisable to consult a healthcare provider before use.
- **Driving and Operating Machinery:** Although fexofenadine is less likely to cause drowsiness than first-generation antihistamines, it is still recommended to monitor individual responses when engaging in activities requiring alertness.

Side Effects:

- **Common Side Effects:**
 - Headache
 - Drowsiness or fatigue (rare)
 - Dry mouth
 - Nausea
- **Rare but Serious Side Effects:**
 - Allergic reactions (rash, swelling, difficulty breathing)
 - Palpitations or rapid heart rate (tachycardia)
 - Severe dizziness or fainting
 - Difficulty urinating (especially in males with prostate issues)

If any of these serious side effects occur, discontinue use and seek medical attention immediately.

Drug Interactions:

- **Antacids:** Antacids containing aluminum or magnesium may reduce the absorption of fexofenadine, making it less effective. It is recommended to take fexofenadine at least 2 hours before or after taking these antacids.
- **Erythromycin and Ketoconazole:** These medications can increase the concentration of fexofenadine in the blood, potentially increasing the risk of side effects. Monitor for any adverse effects when co-administered.

Storage:

- Store in a cool, dry place at room temperature (between 20°C to 25°C).
- Keep the bottle tightly closed and out of reach of children to prevent accidental overdose.
- Do not freeze the suspension.

Packaging:

- Available in bottles containing 60 ml, 100 ml, or as per manufacturer specifications.

Manufacturer:

- [Manufacturer Name]

Note:

This medication is intended for the management of allergic symptoms. It should be used as part of a comprehensive treatment plan, including avoiding allergens where possible. Always follow the prescribed dosage and consult a healthcare provider for any concerns regarding the use of fexofenadine or if symptoms persist or worsen.

Manufactured in India for:

CafoliTM
L I F E C A R E
Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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